

C'est La Vie

Choreograph: Henrik Grønvold

Count's: 32 **Wall:** 2, Beginner

Musikrichtung:

Music/Interpret:

C'est La Vie von B* (109 BPM)

Flying Heels



ROCK, RECOVER, STEP, ROCK, RECOVER, ROCK, RECOVER, STEP, ROCK, RECOVER

- 1 RF rock forward
- 2 LF recover
- & RF step next to LF
- 4 LF rock back
- 5 RF recover
- 6 LF rock forward
- 7 RF recover
- & LF step next to RF
- 7 RF rock back
- 8 LF recover

HEEL, STEP, HEEL, STEP, HEEL, HOOK, HEEL, STEP, HEEL, STEP, HEEL, STEP, HEEL, HOOK, HEEL, STEP

- 1 RF touch heel forward
- & RF step next to LF
- 2 LF touch heel forward
- & LF step next to RF
- 3 RF touch heel forward
- & RF hook heel in front of LF
- 4 RF touch heel forward
- & RF step next to LF
- 5 LF touch heel forward
- & LF step next to RF
- 6 RF touch heel forward
- & RF step next to LF
- 7 LF touch heel forward
- & LF hook heel in front of RF
- 8 LF touch heel forward
- & LF step next to RF

WALK, WALK, OUT, OUT, HIP CIRCLE BOUNCES

- 1 RF walk forward
- 2 LF walk forward
- 3 RF step slightly to the right
- 4 LF step slightly to the left
- 5 & 6 circle hips counter clockwise
- 7 & 8 while bouncing heels (weight ends on LF)

STEP, ½ TURN, ½ TURN, ½ TURN, DOROTHY X2

- 1 RF step forward
- 2 LF ½ turn left
- 3 RF ½ turn left step back
- 4 LF ½ turn left step forward (6:00)
- 5 RF step diagonally forward right
- 6 LF cross behind RF
- & RF step diagonally right
- 7 LF step diagonally forward left
- 8 RF cross behind LF
- & LF step diagonally left

Tag: After 6th wall (facing 12:00)

HEEL SWITCHES X4

- 1 RF touch heel forward
- & RF step next to LF
- 2 LF touch heel forward
- & LF step next to RF
- 3 RF touch heel forward
- & RF step next to LF
- 4 LF touch heel forward
- & LF step next to RF