

Twistin

Choreograph: Benny Ray

Count's: A 32 B 32 **Wall:** 2, Newcomer

Musikrichtung:

Music/Interpret:

Twistin The Night Away vom Sam Cooke

Flying Heels



Sequence: A A B A A B A A A A B A A (part B is always facing 12:00)

Part A

4 X TOE STRUT FORWARD

- 1-2 Step right toe forward, drop right heel down
- 3-4 Step left toe forward, drop left heel down
- 5-6 Step right toe forward, drop right heel down
- 7-8 Step left toe forward, drop left heel down

TOE STRUT JAZZ BOX WITH ¼ TURN RIGHT

- 1-2 Cross right toe in front of left, drop right heel down
- 3-4 Step back on left toe, drop left heel down
- 6-7 Step ¼ turn to the right on right toe, drop right heel down
- 7-8 Step left toe forward, drop left heel down

TOE STRUT JAZZ BOX WITH ¼ TURN RIGHT

- 1-2 Cross right toe in front of left, drop right heel down
- 3-4 Step back on left toe, drop left heel down
- 5-6 Step ¼ turn to the right on right toe, drop right heel down
- 7-8 Step left toe forward, drop left heel down

4 X HEEL GRIND TRAVELING LEFT

- 1-2 Cross right heel over left foot (twist right toe left), step left to the side (twist right toe right)
- 3-4 Cross right heel over left foot (twist right toe left), step left to the side (twist right toe right)
- 5-6 Cross right heel over left foot (twist right toe left), step left to the side (twist right toe right)
- 7-8 Cross right heel over left foot (twist right toe left), step left to the side (twist right toe right)

PART B

TWIST AND CLAP

- 1-4 Twist heels right, twist toes right, twist heels right, clap
- 5-8 Twist heels left, twist toes left, twist heels left to center, clap

2 X ½ MONTEREY TURN RIGHT

- 1-2 Point right toe to the side, make ½ turn right closing right next to left
- 3-4 Point left to side, close left next to right
- 5-6 Point right toe to the side, make ½ turn right closing right next to left
- 7-8 Point left to side, close left next to right

TWIST AND CLAP

- 1-4 Twist heels right, twist toes right, twist heels right, clap
- 5-8 Twist heels left, twist toes left, twist heels left to center, clap

2 X ½ MONTEREY TURN RIGHT

- 1-2 Point right toe to the side, make ½ turn right closing right next to left
- 3-4 Point left to side, close left next to right
- 5-6 Point right toe to the side, make ½ turn right closing right next to left
- 7-8 Point left to side, close left next to right