

Stitch It Up

Choreograph: Robbie McGowan Hickie

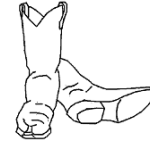
Count: 64 **Wall:** 4, Beginner

Musikrichtung:

Music/Interpret:

Hole In My Pocket von Ricky Van Shelton

Flying Heels



WEAVE RIGHT. HOLD. BACK ROCK.

- 1-2 Step Right to Right side. Cross Left behind Right.
- 3-4 Step Right to Right side. Cross step Left over Right.
- 5-6 Step Right to Right side. Hold one count.
- 7-8 Rock back on Left. Rock forward on Right.

WEAVE LEFT. HOLD. BACK ROCK.

- 1-2 Step Left to Left side. Cross Right behind Left.
- 3-4 Step Left to Left side. Cross step Right over Left.
- 5-6 Step Left to Left side. Hold one count.
- 7-8 Rock back on Right. Rock forward on Left.

TOE TOUCHES. HEEL HOOK. RIGHT LOCK STEP FORWARD. HOLD.

- 1-2 Touch Right toe to Right side. Touch Right toe next to Left.
- 3-4 Touch Right heel forward. Hook Right heel across Left shin.
- 5-6 Step forward on Right. Lock Left behind Right.
- 7-8 Step forward on Right. Hold one count.

TOE TOUCHES. HEEL HOOK. LEFT LOCK STEP FORWARD. HOLD.

- 1-8 Repeat counts 17-24 starting with Left foot.

FORWARD ROCK. STEP BACK. HOLD. LEFT LOCK STEP BACK. HOLD.

- 1-2 Rock forward on Right. Rock back onto Left.
- 3-4 Step back on Right. Hold one count.
- 5-6 Step back on Left. Lock Right across Left.
- 7-8 Step back on Left. Hold one count.

SWING/SWEEP BACK x 3. DIP DOWN AND UP.

- 1-2 Swing/sweep Right out from front to back. Step Right behind Left.
- 3-4 Swing/sweep Left out from front to back. Step Left behind Right.
- 5-6 Swing/sweep Right out from front to back. Step Right behind Left.
- 7-8 Bend knees and dip down. Stand upright. (Weight on Right)

LEFT LOCK STEP FORWARD. HOLD. SIDE ROCK. 1/4 TURN LEFT. STEP. HOLD.

- 1-2 Step forward on Left. Lock Right behind Left.
- 3-4 Step forward on Left. Hold one count.
- 5-6 Rock Right out to Right side. Recover weight on Left turning 1/4 turn Left.
- 7-8 Step forward on Right. Hold one count.

STEP. PIVOT 1/2 TURN RIGHT. STEP. HOLD. TOE TOUCHES.

- 1-2 Step forward on Left. Pivot 1/2 turn Right.
- 3-4 Step forward on Left. Hold one count.
- 5-6 Touch Right toe to Right side. Touch Right toe next to Left.
- 7-8 Touch Right toe to Right side. Touch Right toe next to Left.