

No Bother

Choreograph: Robbie McGowan Hickie

Count 32, Wall: 4, Improver

Musikrichtung:

Music/Interpret:

Don't Call Me von Heather Myles 102 BPM

Flying Heels



Crossing Beel Jacks. & Cross. Side Step Left. Right Sailor 1/4 Turn Right.

- 1&2 Cross step Right over Left. Step Left to left side. Dig Right heel *Diagonal/y* forward Right.
- &3 Step Right back to place. Cross step Left over Right.
- &4 Step Right to Right side. Dig Left heel *Diagonal/y* forward Left.
- &5 - 6 Step Left back to place. Cross step Right over Left. Step Left to Left side.
- 7&8 Cross Right behind Left making 1/4 turn Right. Step Left beside Right. Step forward on Right.

Left Lock Step Forward. Right Lock Step Forward. Forward Rock. Left Coaster Cross.

- 1&2 Step forward on Left. Lock step Right behind Left. Step forward on Left. (*Facing 3 o'clock*)
- 3&4 Step forward on Right. Lock step Left behind Right. Step forward on Right.
- 5 - 6 Rock forward on Left. Rock back on Right.
- 7&8 Step back on Left. Step Right beside Left. Cross step Left over Right.

Right Heel-Hitch-Beel. Behind & Cross. Left Heel-Hitch-Heel. Behind & Step Forward.

- 1& Dig Right heel *Diagonally* forward Right. Hitch Right knee up.
- 2 Dig Right heel *Diagonal/y* forward Right.
- 3&4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
- 5&6 Dig Left heel *Diagonal/y* forward Left. Hitch Left knee up. Dig Left heel *Diagonal/y* forward Left.
- 7&8 Cross Left behind Right. Step Right to Right side. Step forward on Left.

Beel Switches. & Right Shuffle Forward. Forward Rock. Left Shuffle 1/2 Turn Left.

- 1& Dig Right heel forward. Step Right back to place.
- 2& Dig Left heel forward. Step Left back to place.
- 3&4 Right shuffle forward stepping Right. Left. Right.
- 5 - 6 Rock forward on Left. Rock back on Right.
- 7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (*Facing 9 o'clock*)