

Go Greased Lightning

Choreograph: Michele Burton & Michael Barr

Count's: 80 Wall: 1, Novelty

Musikrichtung:

Music/Interpret:

Greased Lightning Soundtrack 80BPM

Flying Heels



Sequence: A, B, A, B, MINI A, MINI A, C, MINI A*, MINI A, C, B**

PART A (56 counts)

SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT, ROCK STEP

1 RF step side right
& LF step next to RF
2 RF step side right
3 LF rock back
4 RF recover
5 LF step side left
& RF step next to LF
6 LF step side left
7 RF rock back
8 LF recover

SHUFFLES ON R

DIAGONAL/LEFT DIAGONAL, VAUDEVILLE WALKS

9 RF step forward on the right diagonal
& LF step next to RF
10 RF step forward on the right diagonal
11 LF step forward on the left diagonal
& RF step next to LF
12 LF step forward on the left diagonal
13 RF step forward on the right diagonal, twist right
14 LF step forward on the left diagonal, twist left
15 RF step forward on the right diagonal, twist right
16 LF step forward on the left diagonal, twist left

STEP TOUCH, ½ TURN L TOUCH, STEP TOUCH, ½ TURN L TOUCH

17 RF step forward
18 LF touch next to RF, ½ turn left
19 LF step forward
20 RF touch next to LF
21 RF step forward
22 LF touch next to RF, ½ turn left
23 LF step forward
24 RF touch next to LF

JUMP UP CLAP, JUMP BACK CLAP, TOE HEEL RT DIAGONAL, TOE HEEL LEFT DIAGONAL

& RF jump forward
25 LF jump forward
26 clap
& RF jump back
27 LF jump back
28 clap
29 RF touch toes forward on the right diagonal
30 RF heel down, snap fingers
31 LF touch toes forward on the left diagonal
32 LF heel down, snap fingers

CROSS HOLD, SIDE HOLD,

JAZZBOX, HOLD

33 RF cross in front of LF
34 hold
35 LF step side left
36 hold

Armstyling: swing arms from right to left

37 RF cross in front of LF
38 LF step back
39 RF step side right
40 hold

CROSS HOLD, SIDE HOLD,

JAZZBOX – with shimmies

41 LF cross in front of RF
42 hold
43 RF step side right
44 hold

Armstyling: swing arms from left to right

45 LF cross in front of RF, shimmy
46 RF step back, shimmy
47 LF step side left, shimmy
48 RF step next to LF, shimmy

OUT TOGETHER, OUT

TOGETHER (jumping jacks), RUN (slightly) FORWARD

49 jump both feet out
50 jump both feet in
51 jump both feet out
52 jump both feet in
53 RF small step forward
& LF small step forward
54 RF small step forward
& LF small step forward
55 RF small step forward
& LF small step forward
56 RF step next to LF

PART B (48 counts)

RIGHT HAND MOVE

1 jump both feet out, right arm point right, look to the right
2-8 RF knee bounces 7x,
right arm point from right to front, head turns along

Note: Just like the movie!

ARM MOVEMENT IN, UP, IN, OUT

9 right arm next to body at waist height
10 right arm up
11 right arm next to body at waist height
12 right arm side right
13 right arm next to body at waist height
14 right arm up
15 right arm next to body at waist height
16 right arm side right

Note: make a fist on count 9 -16.

LEFT HAND MOVE

17 left arm point left, look to the left

18-24 LF knee bounces 7x,
left arm point from left to front, head turns along

ARM MOVEMENT IN, UP, IN, OUT

25 left arm next to body at waist height
26 left arm up
27 left arm next to body at waist height
28 left arm side left
29 left arm next to body at waist height
30 left arm up
31 left arm next to body at waist height
32 left arm side left

Note: make a fist on count 25-32

ARM POSES TO BEAT

33 both arms next to body at waist height
34 both arms up
35 both arms side in 'T'-position
36 hold
37 hold
38 both arms forward
39 both arm next to body at waist height
40 hold

Note: make fists on count 33-40

SHOULDER DROPS, RUN (slightly backwards) STEP IN PLACE (bringing feet together)

41-44 drop shoulders R, L, R, L
45 LF small step back
& RF small step back
46 LF small step back
& RF small step back
47 LF small step back
& RF small step back
48 LF step next to RF

Armstyling: hands in the same position as on count 39.

PART C (4X 8counts)

MODIFIED HAND JIVE, ¼ TURN L JUMP

1 slap hands against thighs
2 clap
3 cross right hand over left
4 cross left hand over right
5 touch right fist on top of left fist
6 touch left fist on top of right fist
7 hitch right thumb over right shoulder
8 hitch left thumb over left shoulder
& ¼ turn left, jump

MINI A

Dance the 1st 32 counts of part A

Note:

* Turn to the front wall before dancing part Mini A for the third time.

** Turn to the front wall before dancing part B for the third time.